

Morgan County Health Center's Recommended Guidance for Pools

Proper operation, maintenance, and disinfection (with chlorine or bromine) of swimming pools should kill the virus that causes COVID-19. The most important thing pools can do to help decrease the spread of COVID-19 is adhering to social distancing and disinfecting guidelines.

Social Distancing

- Have proper spacing of pool chairs/loungers of at least 6 feet of distance between families.
- Try to limit lines as much as possible.
- Try to encourage and maintain groups of 10 people or less.

Cleanliness

Keep swimming pools properly cleaned and disinfected. Maintain proper disinfectant levels (1–10 parts per million free chlorine or 3–8 ppm bromine) and pH (7.2–8). CDC's Model Aquatic Health Code has more recommendations to prevent illness and injuries at public pools in parks.

- Offer plenty of hand sanitizer in various locations and encourage usage.
- Keep restrooms stocked with soap and hand sanitizer (sanitizer optional).
- Routinely clean and disinfect restrooms daily or more if possible. You may want to increase cleaning of high-touched surfaces such as faucets, toilets, doorknobs, and light switches.
- Pre-screen employees before their shift.

Morgan County Health Center's Recommended Guidance for Gyms:

The most important thing gyms can do to help decrease the spread of COVID-19 is adhering to social distancing and disinfecting guidelines.

Social Distancing

- Maintain at least 6 feet of distance between individuals.
- If 6 feet of distance cannot be maintained between employee and client, employees should wear a mask.
- Sharing of equipment in classes is discouraged unless adequate cleaning between each individual is performed.

Cleanliness

- Offer plenty of hand sanitizer in various locations and encourage usage.
- Ensure proper cleaning of equipment between individuals.
- Keep restrooms stocked with soap and hand sanitizer (sanitizer optional).
- Routinely clean and disinfect restrooms daily or more if possible. You may want to increase cleaning of high-touched surfaces such as faucets, toilets, doorknobs, and light switches.
- Pre-screen employees before their shift.